The Mindfulness Community of Milwaukee is hosting

International Walking Meditation 2026

"Planting Seeds of Community"

Free Event!
No reservation required!

Saturday, November 28
11:00am to 12:00pm
Rotary Centennial Arboretum

Please join us as we become part of a global community walking together with others around the world. On this special day, thousands of people and Sanghas across all seven continents will walk mindfully in a shared spirit of connection and peace.Together, we will celebrate friendship, Earth stewardship, peace, and most importantly, community.



This is a free event, open to all ages. Please wear comfortable, weather appropriate clothing and walking shoes, and come with an open heart. Come walk with us as we plant seeds of peace and community, one mindful step at a time.

Mindfulness
COMMUNITY OF MILWAUKEE
www.milwaukeemindfulness.com

The Rotary Centennial Arboretum is located near the Urban Ecology Center - Riverside Park.
1449 E. Park Plaza, Milwaukee, WI

Questions? Please contact Paul Norton at paul.norton@milwaukeemindfulness.com