Wintering Together

A Wake Up Meditation Retreat

Join the Wake Up Sanghas of Minneapolis, Milwaukee, and Madison for a special Winter Solstice retreat for young adults aged 18–39. We will gather in community to honor the solstice and explore what it means to winter together. Inspired by the teachings of Thich Nhat Hanh and the global Wake Up movement, this retreat offers a space to connect with the deep stillness of the season.

December 17-20, 2026
at the Christine Center in Willard, WI

Registration & Scholarship info below: